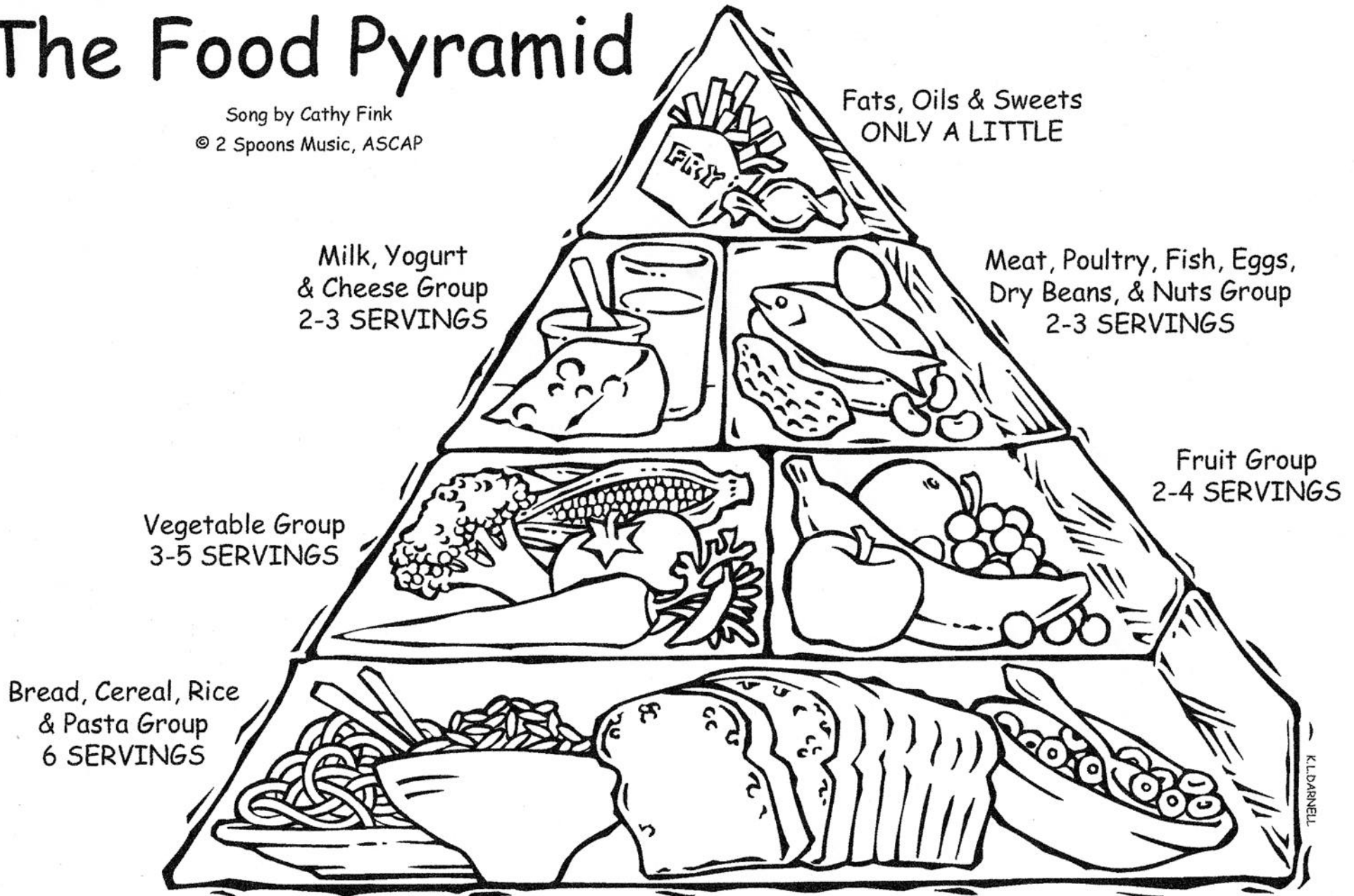


# The Food Pyramid

Song by Cathy Fink  
© 2 Spoons Music, ASCAP



The higher you go, the less you need  
on the food pyramid

Remember - a serving is smaller than you think.