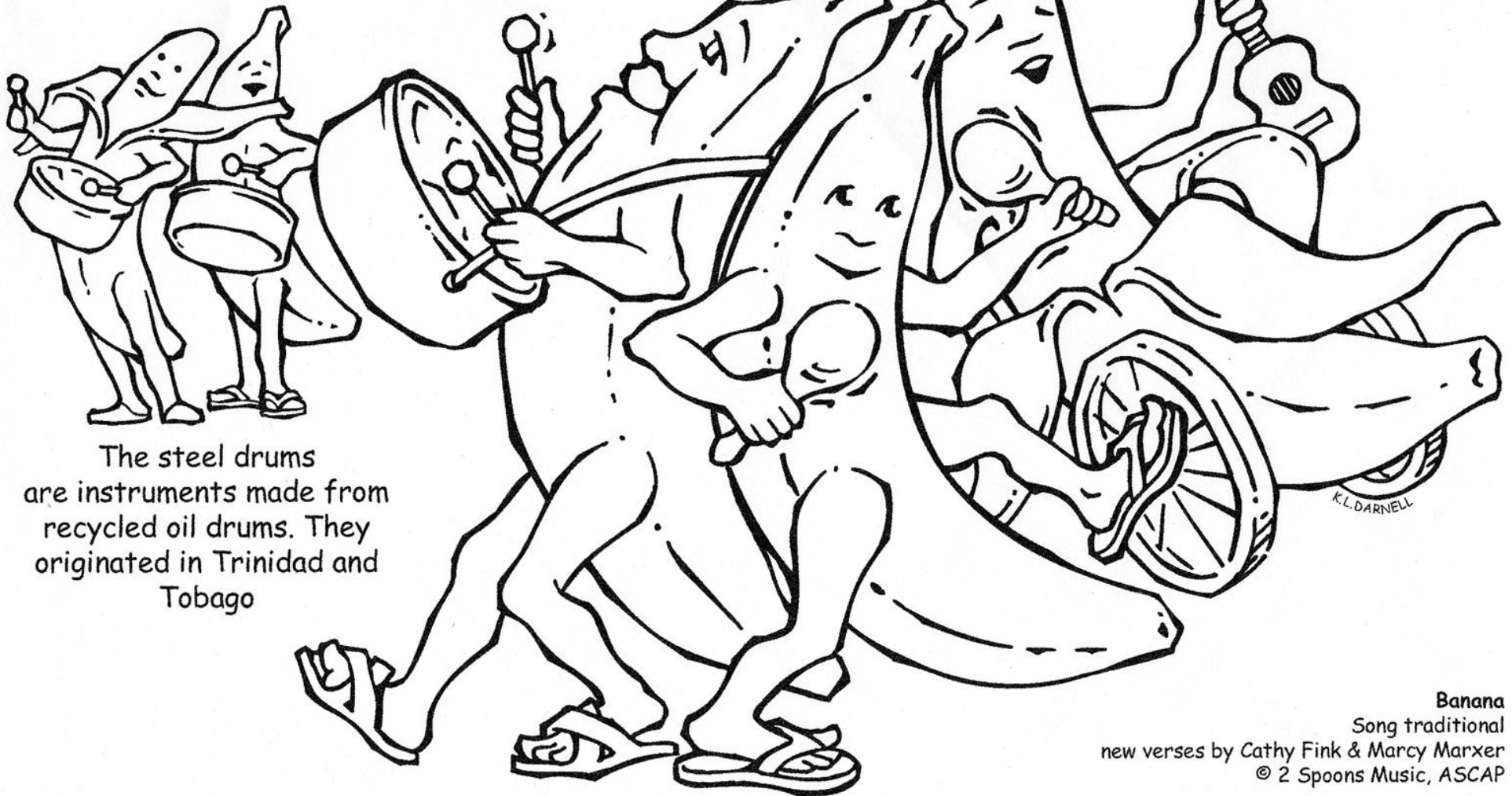


# All The Nations Like Banana...

Bananas give us energy (calories),  
fiber, vitamins A & C  
and micronutrients  
Potassium  
& Folate



The steel drums  
are instruments made from  
recycled oil drums. They  
originated in Trinidad and  
Tobago

Banana  
Song traditional  
new verses by Cathy Fink & Marcy Marxer  
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